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90 MITCHELL BOULEVARD SAN RAFAEL, CALIFORNIA 94903 415 472-3195 FAX 415 472-1497

HONDA XR 200 (1986–2003), ATC-200X (1981–1986)



New billet/hardfaced cam with bearing on 1 end. Needle bearing (NS) billet cam and mounting plate.

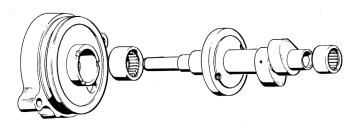
- No core needed. No boring required. #143-01 vernier drilled sprocket for accurate timing
- adjustment. #205-H R/D valve spring kit with aluminum tops. #228-H R/D valve spring kit with **titanium tops**.

#30-4016 P.M. valve springs only (use stock tops).

Wiseco piston kit with rings, pin and clips.

10:1			1	2:1	
#4156M06550	65.5	mm	157.92	#4289M06550	— .020"
#4156M06600	66	mm	157.92	#4289M06600	— .040"
#4156M06650	66.5	mm		N.A.	— .060"
#4156M06700	67	mm	173.73	#4289M06700	— .080"

CAM NUMBER HF NS	VALVE LIFT	DURATION AT .040"	LOBE CENTERS	DESCRIPTION AND APPLICATION	INTAKE OPEN/CLOSE EXHAUST OPEN/CLOSE	RUNNING CLEARANCE
143-00 143-00	NS .365"	243°	104.5°	OK with stock piston and springs. Increases	17 btc/46 abc	.005"
	.365"	243°	104.5°	mid-range power and torque. Smooth idle.	46 bbc/17 atc	.005"
143-20 143-20	NS .370"	273°	102.5°	Use modified piston and springs. Best all	34 btc/59 abc	.005"
	.370"	273°	102.5°	around cam. Great mid-range and added	59 bbc/34 atc	.005"
				top-end.		
143-40 143-40	NS .435"	272°	106°	Full race cam. Use racing piston and springs	. 30 btc/62 abc	.005"
	.435"	272°	106°	Maximum mid-range and top-end power.	62 bbc/30 atc	.006"
				Must cut cylinder head for lobe clearance. Us	e R/D 228-H	
Stock	.288"	222°	105°	Stock cam #14101-958-000 for your reference	e. 6 btc/36 abc	
	.270"	221°	104.5°		35 bbc/ 6 atc	



Our needle bearing cam and new mounting plate can be installed in a damaged cylinder head with NO MACHINING. We have eliminated the large journal near the sprocket which usually fails. The new roller bearing in the mounting plate provides a more stable bearing surface on the end near the point drive.

The roller bearing on the small end replaces the steel bushing. Our bearing has the same O.D. as the stock bushing, it slides right into the head. No exchange is required for this needle bearing cam conversion. All profiles available.

HONDA ATC-200X, TRX-200SX (1986—1988)



Hardfaced cam, on customer core. #234-H R/D valve spring kit with aluminum tops. 4394 series Wiseco piston kits with rings, pin and clips. 4395 series Wiseco piston kits with rings, pin and clips. 10¹/₄:1 12:1 #4394M06500 N.A. — STD 65 mm #4394M06550 #4395M06550 — .020" 65.5 mm

#4395M06600

— .040"

66 mm

CAM	VALVE	DURATION	LOBE		INTAKE OPEN/CLOSE	RUNNING
NUMBER	LIFT	AT .040"	CENTERS	DESCRIPTION AND APPLICATION	EXHAUST OPEN/CLOSE	CLEARANCE
164-x1	.355"	222°	106°	OK with stock piston and guides. Must use	5 btc/37 abc	.004"
	.355"	222°	106°	springs #234-H. Increased mid-range torque.	37 bbc/ 5 atc	.006"
164-x2	.408"	268°	108°	Full race cam. Must use racing piston and	26 btc/62 abc	.004"
	.408"	268°	108°	springs. Must sink the valves .060" for	62 bbc/26 atc	.006"
				valve-to-valve clearance. Must remove material		
				from the rocker box for lobe clearance.		
Stock	.318"	255°	104.5°	Stock cam #14100-HB5-010 for your reference.	8 btc/37 abc	
	.308"	228°	106°		40 bbc/ 8 atc	

#4394M06600

All timing is quoted at .040" lift at the valve with zero checking clearance unless otherwise stated.